

Palmer LifeWays

Covid-19 Handbook

July 2020

Drop off procedure

Only 2 families will be allowed in the building at a time. If there are 2 families already in the building, we ask that you wait outside in order to social distance as necessary. If necessary, PL will assign drop off times.

Parents are asked to wear a mask while in the building. If you cannot wear a mask, please call us at 907 746 0077 and we will meet you outside the building.

One parent and child(ren) will enter Palmer LifeWays (PL) through the front door. A staff member will greet you and perform a temperature check. Parents and child(ren) will then wash hands and the parent will assist their child with using the restroom. If the child is still in a diaper, staff will assist with diaper change. After using the potty, parent and child will once again wash hands.

Children need to be fever free in order to stay at LifeWays. A child who has had a fever must wait 72 hours before they can return to PL per State mandate. If your child develops a fever while not at Palmer LifeWays, parents must inform PL.

Illness Policy

If your child or a member of your family is showing signs of Covid-19, your child may not attend school at PL until you are sure that your child is not a symptomatic or asymptomatic carrier of Covid-19.

Any child who has had a fever and shows signs of Covid-19 will be required to have a doctor's note allowing them to return. Symptoms include:

- Fever or chills
- Cough
- Runny Nose
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat

- Congestion
- Nausea or vomiting
- Diarrhea

For COVID-19, a close contact is defined as any individual who was within 6 feet of an infected person for at least 15 minutes starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to positive specimen collection) until the time the patient is isolated.

Any child who has had direct or close contact with a person who tests positive for Covid-19 will be required to stay home for 14 days before returning to school as long as they are symptom free. If a child or family member tests positive for Covid-19, PL will work with the State and Public Health to assess our risk and if we should remain open. It may be required that we close for a day to clean per CDC guidelines or to close for 72 hours in order to allow the virus to de-activate. All families will be contacted if we do have a positive case amongst the families or staff at PL. Families are required to inform PL if a family member or if the child tests positive for Covid-19.

Summer Camps

The current state mandate is asking that families not attend multiple camp venues throughout the summer in order to limit exposure. We respectfully ask that if you plan to attend summer camp elsewhere, you allow 14 days after attendance at another camp before you return to PL.

Requests

It is always our goal to keep you and your child safe. The staff at PL will be diligent in our cleaning and the care for your child. We ask that you and your family continue to follow State and CDC guidelines to limit your exposure to Covid-19. If you travel out of state, or if a member of your household travels out of state and is unable to self-isolate, your child will need to stay home until they or the person in the household that travelled receives a negative Covid-19 test.

If you have any concerns, questions, or suggestions - please do not hesitate to talk with us.

